

## Patient Information Sheet

## POST-VASECTOMY SEMEN ANALYSIS

Hospital:

Date:

Anaesthetic:

First sperm test:

Second sperm test only if first test showed sperm:

## Semen analysis

- 1. Seminal fluid is best collected by masturbation. Coitus interruptus is not acceptable. A rubber condom may NOT be used as this contains substances which are spermicidal
- 2. Please do the first semen analysis at 3 months or after >20 ejaculations
- 3. Please abstain from ejaculation or intercourse 3 days prior
- 4. The specimen should be delivered to the laboratory as soon as possible (maximum one hour) after collection and kept at room temperature
- 5. Please note the following information
  - a) Method and time of collection
  - b) Date of previous ejaculation
  - c) Complete or incomplete sample
- 6. Please use alternative contraception until you have received a letter or phone call from your surgeon
- 7. If there are no sperm seen, the surgery was successful and you can stop using alternative contraception
- 8. If sperm are seen, then do the second semen analysis 1 month after the first or after further >10 ejaculations

PLEASE ENSURE THAT YOU TAKE PRECAUTIONS AGAINST PREGNANCY UNTIL YOU HAVE THE RESULTS FROM YOUR SURGEON AND THEY ARE CLEAR.

If you have any queries please do not hesitate to contact the rooms.