

## WOUND CARE

Depending on the type of urological surgery you have had, there may be a surgical cut and dressings. The nursing staff will give you advice on wound care before you are discharged from hospital and give you extra supplies if required.

Procedure	Stitches	Dressing
Circumcision	Outside - Absorbable	Duoderm Extra Thin 5x20cm
Hydrocelectomy Excision of epididymal cyst Vasectomy Vasectomy reversal	Buried - Absorbable	Surgical glue
Laparoscopic or robotic: Prostatectomy Pyeloplasty Stone removal (PCNL)	Buried - Absorbable	Steri Strip 6x100mm Tegaderm +Pad 5x7cm
Artificial sphincter Sling	Buried - Absorbable	Comfeel Plus 4x6cm
Open: Bladder stone removal Ureteric reimplantation	Buried - Absorbable	Steri Strip 6x100mm Tegaderm +Pad 9x15cm

**All wound sites should be kept clean and dry. Avoid activities which may stretch, split or damage the wound until it is fully healed.** If there is any bleeding, apply pressure for 10-15 mins. If it will not stop, please call an ambulance or go to the nearest emergency department.

**Dressings** that look clean, water-tight and dry can be left on for up to 7 days. If they get wet, stained or soggy, please change them. Dressings can be purchased from the pharmacy (cost \$2-10 each) or obtained from the hospital or ward you were discharged from. Remove the old dressing, check and clean the wound, pat dry and put a fresh dressing on. If the skin has sealed (usually 1-2 weeks), you can leave the scar open.

**Steri strips and surgical glue** can be treated like “second skin”. Please pat them dry after a shower with a towel. You can trim the edges if they start peeling, otherwise leave them on until they fall off by themselves.

Steri Strip video (1:24 mins): <https://www.youtube.com/watch?v=C5m0CYCt59E>  
Tegaderm video (0:32 mins): <https://www.youtube.com/watch?v=5KEEV94-Ags>

Please see your GP or contact Dr Ooi’s rooms, the hospital, ward or nurse manager if you have any concerns, such as excessive pain, bleeding, redness, warmth, swelling, pus, thick discharge, fevers or feel unwell. You can also e-mail Dr Ooi through the rooms [admin@swanurology.com](mailto:admin@swanurology.com) and send photos taken with your phone if the issue is not urgent and you just want some advice or reassurance.