

PAIN

It is normal to have some pain after urological surgery. It will burn or sting when passing urine if you have had a telescope or catheter passed through the urethra. This is sometimes likened to passing razor blades, but fortunately, it gets better within a few hours to days. You may experience lower abdominal or pelvic pain after bladder or prostate surgery, and sometimes the pain is felt in the tip of the penis, groin or perineum (area of skin between the anus and scrotum/vagina). If there are any incisions in the abdomen, perineum or back, these may hurt or throb for the first few days. The area may look swollen or bruised and feel itchy as healing occurs.

Procedure	Symptoms	Duration
Catheter insertion Cystoscopy Urodynamic studies Botulinum toxin injection	Burning or stinging Pelvic discomfort Pain with full bladder	1-3 days
Laser or stone surgery Bladder biopsy or resection	Burning or stinging Pelvic discomfort Back or flank pain	1-7 days
Insertion of stent	Back pain when voiding Pelvic discomfort	1-4 weeks
Prostate steam ablation (Rezum) Prostate resection (TURP) Prostate green light surgery Prostate biopsy or seed insertion	Burning or stinging Penile tip pain Perineal discomfort, swelling and bruising	1-2 weeks
Laparoscopic or robotic surgery	Abdominal discomfort Shoulder tip pain	1-5 days
Vasectomy Vasectomy reversal Scrotal or testicular surgery	Penoscrotal discomfort, swelling and bruising	1-5 days
Sacral neuromodulation Artificial sphincter Sling	Wound site discomfort	1-5 days

Use the pain medications given to you on discharge liberally so you are comfortable and able to carry out your usual activities. It is better to take regular analgesia rather than suffering unnecessarily or allowing the pain to escalate. Avoid strenuous activities, heavy lifting and gym exercises until the pain has resolved.

Please contact Dr Ooi's rooms, the hospital, ward or nurse manager if you have any concerns, such as excessive pain, bleeding, difficulty emptying your bladder, wound issues, fever, sweats, chills or feel unwell.